# **Cochlear**™

# Nucleus® CI512 cochlear implants

Important Information: Warnings, Precautions and Electromagnetic Compatibility

Canada



## Symbols



### Note

Important information or advice.



### Caution (no harm)

Special care to be taken to ensure safety and effectiveness. Could cause damage to equipment.



### Warning (harmful)

Potential safety hazards and serious adverse reactions. Could cause harm to person.

## Contents

Introduction	3
Warnings	5
Medical treatments generating induced currents, heat or	vibration 5
MRI safety information	7
Meningitis	9
Adverse environments	10
Loss of residual hearing	10
Long-term effects of electrical stimulation	10
Small parts hazard	10
Head trauma	11
Use of batteries and battery ingestion	11
Rechargeable batteries	11
Overheating	12
Precautions	13
Theft and metal detection systems	14
Electrostatic discharge (ESD)	14
Mobile telephones	15
Air travel	15
Scuba diving	15
Sleeping	16
Retention aids	16
Pressure	16
Electromagnetic interference with medical devices	16
Electromagnetic compatibility (EMC)	17
Guidance and manufacturer's declaration	17
Electromagnetic emissions	17
Electromagnetic immunity	18
Recommended separation distances	20
Privacy and the collection of personal information	22

# Notes

# Introduction

This document contains important information that applies to the Cochlear™ Nucleus® CI512 cochlear implant.

Read this document carefully to ensure that you understand the care of your system.

Discuss this information with your physician before undergoing any major medical procedure.

# Notes



# Medical treatments generating induced currents, heat or vibration

Some medical treatments generate induced currents that may cause tissue damage or permanent damage to the implant. Before initiating any of the following treatments deactivate the device.

Warnings for specific treatments are provided below.

## Electrosurgery

Electrosurgical instruments are capable of inducing radio frequency currents that could flow through the electrode array. Monopolar electrosurgical instruments must not be used on the head or neck of an implant patient as induced currents could cause damage to cochlear tissues or permanent damage to the implant. Bipolar electrosurgical instruments may be used on the head and neck of patients; however, the cautery electrodes must not contact the implant and should be kept more than 1 cm (½ in.) from the extracochlear electrodes.

### Diathermy

Do not use therapeutic or medical diathermy (thermopenetration) using electromagnetic radiation (magnetic induction coils or microwave). High currents induced into the electrode lead can cause tissue damage to the cochlea or permanent damage to the implant.

Medical diathermy using ultrasound may be used below the head and neck.



### Neurostimulation

Do not use neurostimulation directly over the implant. High currents induced into the electrode lead can cause tissue damage to the cochlea or permanent damage to the implant.

### Electroconvulsive therapy

Do not use electroconvulsive therapy on an implant patient under any circumstances. Electroconvulsive therapy may cause tissue damage or damage to the implant.

## Ionizing radiation therapy

Do not use ionizing radiation therapy directly over the implant. It may cause damage to the implant.

### Therapeutic ultrasound

Do not use therapeutic levels of ultrasound energy directly over the implant. It may inadvertently concentrate the ultrasound field and cause tissue damage or damage to the implant.



# MRI safety information



The Cochlear Nucleus CI512 implant is MR Conditional. MRI examinations can be performed safely on a person with this implanted device only under very specific conditions. MRI examinations performed under different conditions may result in severe injury or device malfunction.

Full MRI safety information is available:

- in the Cochlear Nucleus Implants MRI Guidelines
- by visiting www.cochlear.com/warnings
- by calling your regional Cochlear office contact numbers are available on the back cover of this guide.



All external components of the Cochlear implant system (e.g. sound processors, remote assistants and related accessories) are MR Unsafe. The recipient must remove all external components of their Cochlear implant system before entering a room where an MRI scanner is located.



### What is an MRI?

Radiologists / MR technologists are medical specialists experienced in diagnosing disease and injuries using a range of imaging techniques.

One of these imaging techniques is magnetic resonance imaging (MRI).

MRI is a diagnostic tool to obtain images of organs and tissues using a very powerful magnetic field measured in tesla (T). MR scans can range in strength from 0.2 T to 7 T, with 1.5 T being the most common.

## Safety concerns for medical device implants and MRI

Due to the powerful magnetic and radio-frequency fields, medical device implants with metallic or ferromagnetic components such as pacemakers, defibrillators, catheters, pumps and cochlear implants can create problems for MR scans. The risks include the potential for device repositioning, localised heating, unusual sounds or sensations, pain or injury and distortion of the MR image.

### Cochlear Nucleus implants and MRI compatibility

A Cochlear Nucleus implant is a medical treatment for moderate to profound hearing loss. Inside each Cochlear Nucleus implant is a magnet.

To ensure MRI compatibility, Cochlear Nucleus implants feature a removable magnet. The magnet is easy to remove and replace if needed. In the rare case that a recipient needs serial MR scans, a non-magnetic plug is available to prevent fibrous tissue growing in the implant magnet recess.

Cochlear Nucleus implants are also approved for MR scans under specific conditions at 1.5 T with the magnet in place and at 3 T with the magnet removed.



# Meningitis

Prior to implantation, candidates should consult their primary care physician and implanting surgeon regarding vaccination status against micro-organisms that cause meningitis. Meningitis is a known risk of inner ear surgery and candidates should be appropriately counselled of this risk.

In addition, certain preoperative conditions may increase the risk of meningitis with or without a cochlear implant. These conditions include:

- Mondini's syndrome and other congenital cochlear malformations
- Concurrent Cerebrospinal Fluid (CSF) shunts or drains
- Recurrent episodes of bacterial meningitis prior to implantation
- Perilymph fistulas and skull fracture/defect with CSF communication



### Adverse environments

The operation of the cochlear implant system may be adversely affected in environments of high magnetic field strength and high electric field strengths (e.g. close to high power commercial radio transmitters).

Seek medical advice before entering any environment that may adversely affect the operation of your implant (including areas protected by a warning notice preventing entry by patients fitted with a pacemaker).

# Loss of residual hearing

Insertion of the electrode into the cochlea will result in complete loss of residual hearing in the implanted ear.

# Long-term effects of electrical stimulation

Most patients can benefit from electrical stimulation levels that are considered safe, based on animal experimental data. For some patients, the levels needed to produce the loudest sounds exceed these levels. The long-term effects of such stimulation in humans are unknown.

# Small parts hazard

Parents and caregivers should be counselled that the external implant system contains small parts that may be hazardous if swallowed or may cause choking if ingested or inhaled.



### Head trauma

A blow to the head in the area of the cochlear implant may damage the implant and result in its failure. Young children who are developing their motor skills are at greater risk to receive an impact to the head from a hard object (e.g. a table or chair).

Impact to external components (e.g. sound processor, acoustic component) while being worn could result in damage to the device or injury.

# Use of batteries and battery ingestion

When using disposable batteries, only use battery types recommended by your clinician or Cochlear. Other types may not have sufficient energy to allow your processor to operate for a long time. Cochlear does not recommend the use of silver oxide or alkaline batteries.

Batteries can be harmful if swallowed. Ensure that batteries are kept out of reach of young children. If swallowed, seek prompt medical attention at the nearest emergency centre.

# Rechargeable batteries

In certain circumstances, rechargeable batteries can become VERY HOT, and could cause injury. Remove your processor immediately if it becomes unusually warm or hot, and seek advice from your clinician. Parents and caregivers should touch their child's or recipient's processor to check for heat if the child or recipient is showing signs of discomfort. Rechargeable batteries should NEVER be worn beneath clothing (including scarves and headwear covering the ears). The rechargeable battery should not be used by patients who cannot remove the device by themselves, or notify a caregiver that the device has become hot.



# Overheating

Remove your processor immediately if it becomes unusually warm or hot, and seek advice from your clinician. Parents and caregivers should touch their child's or recipient's processor to check for heat if the child or recipient is showing signs of discomfort.

The manufacturer only recommends the use of zinc air batteries as they have been determined to be safe in recommended use conditions and provide an appropriate power source for the sound processor.

The CP810 and CP900 Series sound processors are not intended to be used with silver oxide batteries. In some circumstances, the use of these batteries could result in severe burns. A dangerous amount of heat can be generated by these batteries in conditions where heat cannot dissipate, especially if the device is being held against the skin by clothing or a retention device. In addition, use of silver oxide batteries may damage your processor.

# ⚠ Precautions

If you experience a significant change in performance or the sound becomes uncomfortable, turn off your processor and contact your implant centre.

Use the implant system only with the approved devices and accessories listed in the user guide.

Your processor and other parts of the system contain complex electronic parts. These parts are durable but must be treated with care. The opening of your processor by anyone other than Cochlear's qualified service personnel invalidates the warranty.

Each processor is programmed specifically for each implant. Never wear another person's processor or lend yours to another user. If you have two processors (one for each ear), always wear the processor programmed for your left ear on the left, and the processor programmed for your right ear on the right. Using the wrong processor could result in loud or distorted sounds that, in some instances, may cause extreme discomfort.

Do not operate or store your processor at temperatures other than those recommended in the user instructions supplied with your processor.

Your processor's sound quality may be intermittently distorted when you are within approximately 1.6 km (~1 mile) of a radio or television transmission tower. Additional sources of interference include, but are not limited to:

- Security systems
- Industrial machinery and power systems
- Mobile communications equipment (including cellular telephones)
- Certain kinds of hand-held, two-way radios (including Citizen Band, Family Radio Service, and Amateur Band).

To reduce or eliminate the interference, move away from the source. If your processor stops working, turn the power switch off and then back on. This effect is temporary and will not damage your processor.



# Theft and metal detection systems

Devices such as airport metal detectors and commercial theft detection systems produce strong electromagnetic fields. Some cochlear implant recipients may experience a distorted sound sensation when passing through or near one of these devices. To avoid this, turn off your processor when in the vicinity of one of these devices.

The materials used in the cochlear implant may activate metal detection systems. For this reason, recipients should carry the Cochlear Implant Patient Identification Card with them at all times.

# Electrostatic discharge (ESD)

A discharge of static electricity can in rare cases damage the electrical components of the cochlear implant system or corrupt the program in your processor.

If static electricity is present (e.g. when putting on or removing clothes over the head or getting out of a vehicle), cochlear implant recipients should touch something conductive (e.g. a metal door handle) before the cochlear implant system contacts any object or person.

Prior to engaging in activities that create extreme electrostatic discharge (ESD), such as playing on plastic slides, the processor should be removed. Clinicians should use an anti-static shield on the computer monitor when programming a cochlear implant recipient.

# Mobile telephones

Some types of digital mobile telephones, e.g. Global System for Mobile communications (GSM) as used in some countries, may interfere with the operation of the external equipment. As a result, implant recipients may perceive a distorted sound sensation when in close proximity,  $1-4 \text{ m} (\sim 3-12 \text{ ft})$ , to a digital mobile telephone in use.

### Air travel

Transmitting devices such as mobile/cell phones are required to be switched off on aircraft. If you have a remote control (remote assistant) for your processor, it should also be switched off because it is transmitting high frequency radio waves when switched on.

Some airlines request that passengers turn off portable electrical devices, such as laptop computers and electronic games, during take-off and landing or whenever the seat belt sign is illuminated. Your processor is considered to be a medical portable electronic device, so you should notify airline personnel that you are using an implant system. They can then alert you to safety measures which may include the need to switch your processor off.

# Scuba diving

Implant type	Maximum depth
CI500 Series	40 m (~131 ft)

Table 1: Maximum diving depths when wearing implants

Recipients should seek medical advice before participating in a dive for conditions that might make diving contraindicated, e.g. middle ear infection, etc. When wearing a mask, avoid pressure over the implant site.



# Sleeping

Do not wear your processor while sleeping, as you may not become aware of your processor becoming unusually warm or hot.

Do not allow children or recipients with disabilities to wear their processor while sleeping.

### Retention aids

When using retention aids such as the Snugfit<sup>™</sup> or LiteWear, be aware that it may take longer to remove the processor if the processor becomes unusually warm or hot.

Do not attach the LiteWear beneath layers of clothing.

### Pressure

Do not apply continued pressure to the coil when in contact with the skin (e.g. sleeping/lying on coil or using tight fitting headwear) as this may result in pressure sores.

If the coil magnet is too strong or is in contact with the skin, pressure sores may develop at the coil site. If this happens or if you experience any discomfort in this area, contact your clinician.

# Electromagnetic interference with medical devices

Cochlear Nucleus Remote Assistants and Cochlear Nucleus Sound Processors meet defined international Electromagnetic Compatibility (EMC) and emission standards. However, because the remote assistant and sound processor radiate electromagnetic energy, it is possible that they could interfere with other medical devices such as cardiac pacemakers and implantable defibrillators when used nearby.

It is recommended that the remote assistant and sound processor are kept at least 6 in. (~15 cm) away from devices which could be subject to electromagnetic interference. For added assurance, please also consult the recommendations provided by the device manufacturer.

# Electromagnetic compatibility (EMC)

## Guidance and manufacturer's declaration

The Nucleus range of sound processors, remote assistants and remote controls are intended for use in the electromagnetic environments specified in this document.

They have been tested and found to be in compliance as shown. You should take care to use your equipment as described.

# Electromagnetic emissions

Emission test	Compliance	Guidance
RF emissions CISPR 11	Group 1	RF energy is only used for its internal function. The RF emissions are very low and not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	The device is suitable for use in all establishments, including
Harmonic emissions IEC 61000-3-2		domestic establishments and those directly connected to
Voltage fluctuations/flicker emissions IEC 61000-3-3	Not applicable	public low-voltage power supply network that supplies buildings used for domestic purposes.

Table 2: Electromagnetic emissions

# Electromagnetic immunity

Immunity test	IEC 60601 test level	Compliance level	Guidance
Electrostatic discharge IEC 61000-4-2	±6 kV contact ±8 kV air	±6 kV contact ±8 kV air	See <i>Electrostatic</i> discharge (ESD) section
Electrical fast transient/burst IEC 61000-4-4			
Surge IEC 61000-4-5			
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	Not applicable		
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields be at levels characteristic of a typical location in a typical commercial or hospital environment
Conducted RF IEC 61000-4-6	Not applicable		See Warnings and Precautions
Radiated RF IEC 61000-4-3	3 V/m 80 MHz to 2.5 GHz	3 V/m	sections, and Guidance below
EN45502-2-3, clause 27	N/A	As specified	N/A

Table 3: Electromagnetic immunity

### Guidance

Portable and mobile RF communications equipment should be used no closer to any part of the devices, including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.

Recommended separation distance (d):

d =  $1.2\sqrt{P}$  80 MHz to 800 MHz d =  $2.3\sqrt{P}$  800 MHz to 2.5 GHz

where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer and d is the recommended separation distance in metres (m). Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey<sup>a</sup>, should be less than the compliance level in each frequency range<sup>b</sup>.

Interference may occur in the vicinity of equipment marked with the following symbol:





- 1. At 80 MHz and 800 MHz, the higher frequency range applies.
- 2. These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

### Explanatory notes:

- a. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which the processor is used exceeds the applicable RF compliance level above, the processor should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as reorienting or relocating the processor.
- b. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m.

# Recommended separation distances

Your processor is intended for use in an electromagnetic environment where the radiated RF disturbances are controlled.

To prevent electromagnetic interference, maintain a minimum distance between the portable and mobile RF communications equipment (transmitters) and the device as recommended below, according to the maximum output power of the communications equipment.

Rated maximum	Separation distance according to frequency transmitter (m)			
output power of transmitter (W)	150 kHz to 80 MHz d = 1.2 $\sqrt{P}$	80 MHz to 800 MHz d = 1.2 $\sqrt{P}$	800 MHz to 2.5 G Hz d = 2.3 $\sqrt{P}$	
0.01	Not applicable	0.12	0.23	
0.1		0.38	0.73	
1		1.2	2.3	
10		3.8	7.3	
100		12	23	

Table 4: Recommended separation distances

For transmitters rated at a maximum output power not listed above, the recommended separation distance d in metres (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.



### Note

- 1. At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.
- 2. These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

# Privacy and the collection of personal information

During the process of receiving a Cochlear device, personal information about the user/recipient or their parent, guardian, carer and hearing health professional will be collected for use by Cochlear and others involved in care with regard to the device.

For more information please read Cochlear's Privacy Policy on www.cochlear.com or request a copy from Cochlear at the address nearest you.

# Notes

# Notes

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The statements made in this guide are believed to be true and correct as of the date of publication. However, specifications are subject to change without notice.

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